



**ACADEMY of EMERGENCY CARE in SPORT**

Pre-Hospital  
Emergency Care  
Council



## Cardiac First Responder Retention Training

**Participants who have completed this course will be able to demonstrate how to:**

- ➔ Review how to assess an unresponsive simulated patient and delivery of one shock.
- ➔ Review Automated External Defibrillator (AED) safety measures.
- ➔ Review indications for AED use.
- ➔ Review indications for Aspirin administration.
- ➔ Review of CFR learning points.

### **Who should attend:**

All Cardiac First Responders and Cardiac First Responder Instructors. The standard interval for retention training is one year after initial certification. It is recommended that retention training occurs as frequently as practicable.

**Duration:** ½ Day

### **Course Content**

- ➔ A scenario based assessment on an unresponsive simulated patient and delivery of one shock.
- ➔ A review of AED safety measures
- ➔ A review of indications for AED use
- ➔ A review of indications for aspirin administration
- ➔ A review of learning points from the group's experience of CPR and AED use, aspirin administration and interaction with cardiac emergencies.

**Assessment:** TBA – as per PHECC guidelines

**Certification:** PHECC Cardiac First Response / Practitioner / Academy of Emergency Care.  
Certificate Valid for Two Years